

Press Kit
Background and Bio
2.18.16

Jennifer is a woman who knows exactly what it feels like to be the super-healer of her own life to the point of absolute exhaustion, and self-abasement. Her incredible story of finding self, and discovering her “super-powers” will transform nurses, and those in the healing industry – who similarly are struggling with their overwhelming journey. Jennifer’s powerful presentations are entertaining, inspirational, humorous and transformational. In her new book [“Super-Healer You! From Burn Out to Burn Bright”](#) she tells of her real-life experiences with physical, mental, emotional and spiritual burnout and will be available nationwide fall of 2016.

Jennifer Marcenelle has dedicated herself to healing the world one nurse at a time, and empowers caregivers to heal themselves to become better nurses. She does this by coaching others with her real-life examples and creative solutions of how she not only survived burnout but has thrived on a whole new level. She created Abundant Inspiration, LLC with a vision of becoming a non-profit organization to serve nurses and caregivers worldwide.

Background

For more than 30 years Jennifer has enjoyed a successful career in the healthcare industry. During that time she started as a nursing assistant feeding residents in nursing homes and worked her way up through the emergency department and eventually a cardio-vascular critical care nurse. She later earned her MBA and moved into scientific laboratory equipment sales where she created her own executive niche for working with all levels of the hospital to clinically implement laboratory tests to improve patient outcomes in the areas of blood product utilization and antibiotic stewardship. As a leader and manager, Jennifer developed a passion for coaching and training others to achieve their highest sales goals and personal achievements. Her firsthand exposure to the day-to-day stresses of critical care nursing and healthcare sales and sales management taught Jennifer how insidious long-term stress and burnout can be.

At the age of 44 Jennifer experienced personal, professional and spiritual burnout, and became her own critical care patient. This near death experience has been life altering and has inspired her to embark on a new career as an author, speaker, and coach. Jennifer uses her experience and exposure to her highly educated and experienced nursing, and medical colleagues to develop creative tools and techniques for teaching people how to handle the many challenges and stages of burnout. In 2016, with America’s economic crisis and healthcare changes in full swing, Jennifer officially launched her personal mission to “Heal the world...one nurse at a time.”

A sought-after speaker and coach, Jennifer combines the wisdom of her 230+years in the healthcare industry with her real-life experience with burn out to empower others to heal themselves. She has experienced the power of healing yourself—and that the best investment you can make is to heal yourself.